

Kiltearn Medical Centre

Church View Primary Care Centre

Off Beam Street

Nantwich Cheshire CW5 5NX

Monitoring of Long Term Conditions

You have been diagnosed with **Asthma** which is termed a 'Long Term Condition' you may also see it referred to as a chronic disease.

Once your treatment has been stabilised you will receive an invite from Kiltearn each year approximately the month before your birthday. The appointment will be with one of our asthma nurses. **Please bring your inhaler and peak flow monitor (if you have one).** Reviews are very important as they ensure that the treatment plan remains appropriate for the management of your condition.

What will happen at my review?

- Assessment of symptoms and identification of triggers
- Inhaler technique
- Lifestyle questions and advice
- Vaccination status
- Agreement of an asthma management plan
- Chance to ask about your condition

Although you will be invited for a review every 12 months if at any point you feel your asthma is not controlled please make an appointment to see one of our asthma nurses. You do not need to wait until your next review is due.

If you have been treated in hospital or by emergency services for an acute attack of Asthma please book a review with an asthma nurse 2 weeks afterwards.

Failure to attend regular reviews will mean that we cannot guarantee that your medication is being safely prescribed and may therefore have to decline your medication requests.