

Kiltearn Medical Centre

Church View Primary Care Centre

Off Beam Street

Nantwich Cheshire CW5 5NX

Monitoring of Long Term Conditions

You have been diagnosed with **Coronary Heart Disease (CHD)** which is termed a 'Long Term Condition' you may also see it referred to as a chronic disease.

Once your treatment has been stabilised you will receive an invite from Kiltearn each year approximately the month before your birthday. Reviews are very important as they ensure that the treatment plan remains appropriate for the management of your condition.

What will happen at my review?

The first review will require you to be seen by one of our Nursing Support Team

- Blood sample taken
- Urine sample for analysis (first void of the day)
- Lifestyle questions and advice
- Assessment of symptoms e.g. Breathlessness, Chest Pain, Palpitations
- Blood Pressure and Pulse Check
- Height and Weight
- Vaccination status

The second part will be with one of our nurses and may be a phone call or face to face depending on preference

- Blood and investigation results explained to you
- Discussion about your treatment
- Agreement of management plan
- Chance to ask questions about your condition

Although you will be invited for a review, if at any point you feel your heart condition is not controlled, please make an appointment to see one of our clinicians. You do not need to wait until your next review is due.

Failure to attend regular reviews will mean that we cannot guarantee that your medication is being safely prescribed and may therefore have to decline your medication requests.