

Merepark Medical Centre

Monthly Newsletter

Welcome to Merepark's monthly newsletter where we share important practice-related information, as well as other news about what the team have been up to!

Opening Times:

Monday: 0800 – 1830

Tuesday – Friday: 0800 – 2000

Saturday: 0900 – 1400 (once a month)

Sunday: Closed

MMC Got Active!



Awareness Dates:

1st – 31st Ovarian Cancer Awareness Month

1st – Zero Discrimination Day

1st – St David's Day

7th – Overseas NHS Workers Day

8th – International Women's Day

9th – COVID National Day of Reflection

12th – No Smoking Day

17th – St Patrick's Day

19th – Social Prescribing Day

At the end of January Merepark Medical Centre took to Astbury Mere for our first Active Practice event. The Active Practice Charter is a scheme set up by the Royal College of General Practitioners to incentivise NHS staff to become more active in order to encourage our patients to become more active too. The group completed two laps of the mere (2 miles/3.2km). Along their walk they spotted birds, spoke to other walkers, and even garnered some donations for the staff who were completing their **Walk 62 Miles in January Challenge**. A fantastic, sunny day out for all who attended (especially for Enzo, Dr Zargham's dog, and Diva and Dolly, Nurse Dominique's dogs!)

MMC Monthly Recap

In February...

We handled **4060** phone calls!

Had an average call queue time of **5 minutes**, with an average queue time of **5 minutes**

We offered **964** Advanced Nurse Practitioner (60% booked) and General Practitioner (86% booked) planned appointments, and 808 Same Day ANP (94% booked) and GP (94% booked) appointments.

We had a total of 59 missed appointments, resulting in 15 hours of wasted practitioner time! This costs the NHS an estimate of £1725.



Do you want to leave feedback?
Please speak to a member of the MMC team. Alternatively, get in touch via our email or over the phone. Or, scan the QR code to leave feedback online.

Merepark are always looking for ways to become more sustainable. If you have any suggestions, please scan the QR code or talk to a member of staff.



Using the NHS App

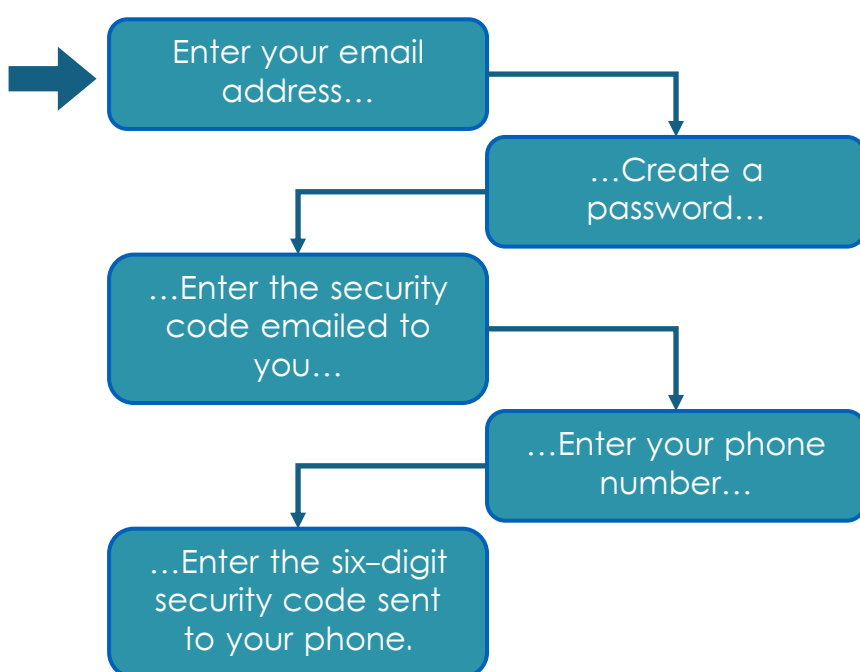
To start using the NHS App you must download the application on your phone or tablet. The NHS App can be downloaded on both Android phones and Apple phones.

Once the app is downloaded, you will need to create an NHS login using your email address and phone number.

To access some of the NHS App services you will need to provide a form of high-level of identification such as a passport or driving licence. When you have full access within the NHS App you can:

- Order repeat prescriptions
 - Book and manage appointments
- View your GP Health Record to view your medicines
- View your NHS number

The NHS is constantly embracing new technologies, and improving existing ones, to deliver the best possible healthcare to you. In the NHS's Long Term Plan, the NHS App is set to become a standardised method of accessing healthcare services. As such, we want to ensure that our patients are supported in using it.



NHS



Merepark Medical Centre offers free NHS WIFI for our patients.

If you require assistance logging into the WIFI please ask a member of staff for help.

PATIENT PARTICIPATION GROUP

Merepark's PPG are always looking for new members. If you, or someone you know, are interested in joining then please get in touch using the information below.

We are a friendly group of people, who want to give back to the practice and to help to improve it.

If you would like to join the PPG or otherwise support us, please get in touch via the practice, on 01270275600, or by our email: mereparkppg@gmail.com