

**Newham Central PCN  
Patient Participation Group (PPG) Meeting Minutes – 24<sup>th</sup> July 2025**

Date	Thursday, 24 <sup>th</sup> July 2025
Time	4:00 pm to 5:00 pm
Duration	1 Hour
Location / Mode	Hybrid (Face -to-face at Essex Lodge Surgery, E13 0AS and Virtual via MS Teams)
Meeting Chair	Mr Chris Roffey, PCN PPG Chair Ms Sue Brown, PCN PPG Vice-Chair
Apologies	Mr Abul Hasnath, PCN Manager Ms Sandhuja Ranchanakumar, PCN Coordinator

Attendees Present				
Name	Initial	Job Title	Organisation	
Chris Roffey	CR	Newham Central PCN PPG chair	Balaam Street Surgery	<input checked="" type="checkbox"/>
Hevin Henry	HH	Assistant Practice Manager	Balaam Street Surgery	<input checked="" type="checkbox"/>
Deema Sivapalasingam	DS	Assistant Practice Manager	Carpenters Practice	<input checked="" type="checkbox"/>
Shima Haque	SH	Newham Central PCN PPG Co-coordinator	Essex Lodge Surgery	<input checked="" type="checkbox"/>
Sue Brown	SB	Newham Central PCN PPG Vice Chair	Essex Lodge Surgery	<input checked="" type="checkbox"/>
Ms Katherine Wan	KW	PCN Coordinator	Newham Central PCN	<input checked="" type="checkbox"/>

No	Agenda Items	Lead	Time
1.0 1.1 1.2	Welcome, Introductions & apologies Declaration of conflict of interest Minutes from the previous meeting	PCN PPG Chair	16:00 – 16:10
	CR welcomed all to the meeting.  No conflict of interest was declared.  Minutes from the previous meeting was agreed by all.		

	<p><u>Closure of practice list</u></p> <p>Practices consider the following factors when deciding whether to close their list:</p> <ul style="list-style-type: none"> <li>• Workload</li> <li>• impact on existing patients</li> <li>• capacity of practice workforce</li> <li>• contractual obligations.</li> </ul>		
2.0	The NHS 10-year Health Plan (announced 3/7/25)	Shima Haque, Practice Manager Essex Lodge Surgery Abul Hasnath, PCN Manager	16:10 – 16:25
	<p>The NHS 10-year Health plan was announced at the start of July, as part of the government's strategy to improve patient experience and to shift focus towards prevention, personalisation, and convenience. The key aims and changes in the plan are:</p> <ol style="list-style-type: none"> <li>1. NHS app becoming a "doctor" in patients' pockets</li> <li>2. Patient league tables from this summer</li> <li>3. Integrated digital patient records</li> <li>4. Patients referring themselves for hearing tests, counselling, podiatry and back pain</li> <li>5. Digitised "red book" system of recording baby and child health records</li> <li>6. Greater use of AI and genomic sequencing and free wearable devices in some areas</li> <li>7. Community health hubs providing a "one-stop shop" for integrated care</li> <li>8. Treatment targets brought back and promises to end "corridor care"</li> <li>9. Specialist mental health emergency departments</li> <li>10. Expanded access to weight loss jabs and anti-obesity measures</li> <li>11. More NHS staff</li> </ol> <p>The main challenges to implementing the plan are the level of staffing and funding, variation to local infrastructure, training, and the need for coordination between GPs and hospital services.</p>		
3.0	PCN Carers Event 12 <sup>th</sup> June 2025	Abul Hasnath Senior PCN Manager	16:25 – 16:40
	<p>Our PCN held a carers event in June, in conjunction with the annual carer's week, which recognises the work done by carers and highlights the challenges they face.</p> <p>The event was held at Plaistow Library, and carers from all four core practices were invited. We had also invited St Joesph's Hospice to speak about resources available to carers. Information and photos from the event were added to the PCN website.</p>		

	Our PCN is also considering holding another event on cancer screening in October, and have reached out to the local cancer services. Future events will be advertised on practice websites and at practice PPG meetings.		
4.0	PCN Workforce update	Abul Hasnath, PCN Manager	16:40 - 16:50
	We have employed 43 PCN staff in total, including 8 clinical pharmacists, 10 care coordinators, and 8 general practice assistants.		
5.0	AOB	All	16:40 – 16:50
	CR asked if practices get feedback from 111 service or monitor their 111 usage. Each practice has dedicated appointments bookable by 111 service. Practice diverts patients to 111, where they get triaged, and if necessary are booked into the dedicated appointment slot.		
***	Date of the next meeting: Thursday, 23 <sup>rd</sup> October 2025		