



The Calverton Practice Patient Participation Group

Minutes of the Meeting: Tuesday 29th October 5.15pm 2024

Present

Nick Borrett (Chair) *
Caroline Borrett *
Pat Bosworth *
Jackie Guyler
Jan Johnson
Chris Kenny

Frances Leaman
Denise Pilkington (Minuting Secretary)
Sam Round
Julia Stirland (Vice Chair) *

Also present

Absent

Diane Bathgate
Margaret Briggs
Chris Jackson
Ian Vanner
Dr Caroline Wight

*Members left early – other commitments

1. Introduction and welcome – Attendance/ Apologies/ membership

ACTION FOR

- Nick welcomed all – and thanked all those who had worked on the recent 'Insomnia Evening' held at The Calverton Village Hall, for their support and hard work. This is agenda item 5.
- Apologies had been received from Diane Bathgate, Margaret Briggs, Chris Jackson, Dr Caroline Wight and Ian Vanner.
The PPG has 14 members and 1 vacancy.

2. Minutes of previous meeting/ matters arising

The minutes of the September meeting had been made available to all members of the PPG and were agreed as an accurate record of the meeting.

Denise to send pdf to Jayne Yeomans for publication on the website.

Denise

- The pharmacist - Girish Lad – has contacted Nick asking to attend a PPG meeting and discuss plans for the pharmacy in Calverton. Denise to send an Email to Girish for the last Tuesday in January 2025, our first scheduled meeting in 2025 (Tuesday 28th January)
- Unfortunately, the PPG were unable to make contact with Roger Lloyd (Senior mental health link with practice, through the PCN) for support at the Insomnia Event. Nick to follow up.
- Chris has received the NAPP Bulletins from Nick – Chris has been handed details to access the website and has volunteered to attend the AGM of NAPP 16th Nov; he will take any questions from PPG members and bring this back to the meeting. Nick to support Chris with access.
Chris asked for clarification about what the PPG is expected to do. The meeting was of a similar opinion that a discussion would be useful, particularly for new members. This was suggested for the January agenda.

Denise to
invite

Nick

Chris Nick

3. Practice update – Surgery rep

No members of the practice in attendance

4. CORE update - Sam

Sam gave a brief overview of recent events held at CORE.

- Covid Clinic, held on Monday 28th October – 71 people attended. There is another planned for 11th November. Bookings can be taken, also Drop in.
- The Food pantry continues to do well – any donations of home-grown food would be gladly accepted for the Tuesday morning distribution session. Due to additional funding, The Food Pantry is now able to offer 50 boxes of food, increased from the original 35.
- The Monthly lunch Club is working well with 55 guests and 10 volunteers, a total of 65 meals is served at each Lunch Club.
- The recently started Carers Group booked is now booked up until 19th December – (Notts Carers supporting) This group can offer practical support and also emotional support. CORE has contact with social prescribers. One outcome from this group is a volunteer coming into CORE to give manicures and nail painting as a treat for people from this group.



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- The CORE Christmas Party is on Thursday 12th December 12.00 - 4.00pm

Sam was thanked for her report. It was noted by the members that CORE is offering much needed community activities to support the residents of Calverton and surrounding areas.

- With the onset of the colder weather, it was also noted by a member that Warm Spaces will again be offered in Calverton. Pat was able to inform the meeting that The Gleaners will be open as a warm space on Mondays - lunch can also be bought.

5. Insomnia Event – held on Wednesday 9th October 6-9pm at the Calverton Village Hall

It was agreed that the Insomnia Event was overall a successful event. A huge thank you from Nick to all those who had been able to support with the event. The meeting recognised the time that Nick had taken to research before the event.

Thirty-four people attended (out of the signed up forty).

Although the Community Room at the Calverton Village Hall is well appointed, it hadn't met the requirements needed for this kind of event. The room was not big enough for the furniture set up that had been envisaged, the acoustics of the room were not effective in the room for the presentation and webinar; several people had difficulty in hearing the speaker and/or the commentary and couldn't participate fully in the table discussion.

The sound and acoustics had been a challenge for the speaker.

Nick commented positively on the organisation of the Table Discussions and thanked those who had organised the setting out of the furniture, and those who had 'hosted' and facilitated the discussion and feedback. Space was limited however, and this had impacted on the activity.

There was a 'take home pack' of focused information, printed leaflets and booklets for all those who had attended which was well received, although the feedback on 'helpful information' indicated that nearly half of those who had completed a feedback form would find online/ electronic information useful. (There are still some packs available)

Overall there were quite diverse views from the audience on what further information was needed. It was generally felt that most attending had expected an 'expert' in attendance, even though this had not been indicated.

The levels of need and support required by the audience was very wide.

Dr Wight recorded an introduction giving background information, which was useful, precise and to the point. Although it was unfortunate that Dr Wight couldn't attend, PPG members at the event felt that Dr Wight's attendance couldn't have offered more information than was given on the evening.

Nick felt that this was useful event for many attending (92% of those who answered the final question "Please indicate how helpful this first session has been" answered either Very or Moderately)

Nick queried as to whether we need to continue with another similar event, or with such an array of information being quite readily available, has the PPG have 'done enough'?

There was discussion around this, with conversation around different options that the PPG might consider including self help groups.

It was agreed that the PPG have opened the door on the subject and that perhaps this is as far as is needed, with patients now able to pursue any further action themselves.

This conversation led to members discussing what the PPG is expected to do. It was felt that working with the practice to ensure that the PPG supports with disseminating information to the patient cohort perhaps could be more effective.



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The PPG noticeboard was discussed and how we could use this for displaying information, perhaps taking a pertinent point from each PPG meeting and displaying (e.g. new telephone system, or the use of email for patients and how we could have displayed this information)

It was agreed to discuss this further on the next agenda.

6. **NAPP: Newsletters** - Chris Kenny will disseminate information in future meetings - See above in matters arising.

7. **AOB**

Confidentiality policy: the

The wording of the declaration Agreement was raised by a member

'I also confirm that I understand the specific content and nature of Paragraph 5.0 of the Confidentiality Policy and have discussed and received a copy of 'Guidelines for PPG members - Confidentiality' and the Safeguarding Policy for my own use.'

Denise/ Nick
to
investigate

It was queried as to whether 'Guidelines for PPG members – Confidentiality' and the Safeguarding Policy are distributed to new members?

8. **Date of next meeting - Wednesday 18th December 5.00pm suggestion of mince pies and mulled wine – The Bridge??**

Date of next scheduled meeting: Tuesday 28th January 2025 5.15pm