

Painful or irregular **periods**

Pelvic pain

Painful bowel movements

Pain when urinating

Pain during or after sex

Difficulty getting pregnant

Fatigue

Experience any of these?

It could be endometriosis

Many women experience period pain, but if your pain is interfering with your everyday life it's best to see your doctor.

or please contact:

Jenny Shaw

Endometriosis Nurse Specialist

SBU.endometriosis@wales.nhs.uk



Charity no 1035810

endometriosis-uk.org