



Carer centres and services: Heathers Horsham Cancer Support

Contact Telephone Number: 01403 250816

Address: Unitarian Church Hall, Worthing Road, Horsham, West Sussex, RH12 1SL Contact email address: heathershorsham@hotmail.co.uk

An informal support group for anyone affected by cancer, including patients, family, the bereaved or carers. We provide a safe and friendly environment where you can find support from others in a similar situation. Dropins are held on the 1st and 3rd Monday of each month.

Occasional visiting speakers and visits are organised







The Brigitte Trust is an independent registered charity offering free emotional support and practical help at home to people and their families facing cancer, MND, MS, heart and lung failure and other life-threatening illness.

Although not a nursing service, we can offer valuable support, for example:

Emotional support

Transport to hospital appointments

Sitting with a family member whilst a carer takes a break Collecting children from school Shopping

Please use the office number (01306 881816) only if you have difficulty getting through to an Area Organiser . (**Please note :** Our offices are open Monday - Thursday. Messages received out of hours will be answered as soon as possible.)

Training 01306 881816

brigittetrustadmin@btconnect.com

Fundraising 01306 880662

brigittetrust@btinternet.com

Office 01306 881816

brigittetrustadmin@btconnect.com

We look forward to hearing from you.

Crawley / Horsham
Diane Martin 07864 502880







Look Good Feel Better is the only worldwide cancer support charity, providing practical support for women struggling with the side effects from cancer treatment.

Look Good Feel Better
West Hill House
32 West Hill
Epsom
Surrey
KT19 8JD

Tel 01372 747 500

Fax 01372 747 502

Email: info@lgfb.co.uk / fundraising@lgfb.co.uk







Contact Telephone Number: 020 8668 0974

Address: 2 Purley Road (tesco Development), Purley, Surrey, CR8 2HA

Website:www.sechc.org.uk

.Contact email

address:info@sechc.org.uk

South East Cancer Help Centre aims to give any person affected by cancer, their family and friends an opportunity to explore ways which may help them to cope with their situation. The centre aims to respect and support them in the choices they make, and to provide individual and group support, complementary therapies and information, within a friendly, caring environment. Opening times9am - 5pm Monday - Friday, 5pm - 8pm Tuesdays





The Olive Tree
Crawley Hospital
West Green Drive
Crawley
West Sussex RH11 7DH

Tel: 01293 534465

the olive tree

supporting you through cancer

Email:

office@olivetreecancersupport.or

g.uk

We are here to help. Receiving a diagnosis of cancer is a difficult, stressful and emotional time for both the patient and those around them. We provide a range of services to support you from the point of diagnosis, through your treatment and beyond; in fact for as long as you need us. You are not on your own. Come to the Olive Tree where you can meet and speak with people who understand and can help.







Cancervive exists to enable you to be able to talk openly and confidentially with people who have first hand experience. We realise that there may be many other financial and practical problems which arise... here is a link to one of several charities providing help and assistance

01273 834912.





Support Group

Registered Charity No. 1103654



We are based in Worthing, West Sussex, and we meet on alternate months, March, May, July, September, November and January at East Worthing Community Centre, Pages Lane, Worthing, BN11 2NQ, 7pm until 9pm.

butterflies5000@btinternet.com

Judith or Gaby

are available to speak to you between 8:30am until 4:30pm Monday to Friday

on 01903 285068





Welcome to the Chrysalis Crawley
Breast Cancer Support Group.
We offer support and information
for anyone who is having or has
had treatment for breast cancer.
We are based in the Crawley, West
Sussex area and welcome
everyone from the surrounding
district.
Get-together with people who
have been there.

For more information please contact:

Yvonne on 01293 512378

Maria on 01293 403432

Or email us at care@chrysalisbreastgroup.org.uk









We initiate change to raise sarcoma awareness and improve standards of treatment and care

Sarcoma UK's Sarcoma Voices network brings together people personally affected by sarcoma who want to help shape and improve sarcoma services and to raise awareness nationally and locally.

Sarcoma UK is represented on national, local and European initiatives working to improve standards of treatment and care.

Sarcoma UK is active in the policy and campaigning world representing the experiences of sarcoma patients and lobbying for more awareness and improved standards of care.

Sarcoma UK works collaboratively on education initiatives for healthcare professionals with organisations including the British Sarcoma Group and the National Sarcoma Forum.

Sarcoma UK

49-51 East Road London N1 6AH

Tel: 020 7250 8271

Email: info@sarcoma.org.uk







Melanoma UK is a patient support and advocacy group, dedicated to helping skin cancer patients during all stages and fundraising to provide melanoma nurses and research.

If you are a melanoma patient or carer and need help or support, please don't hesitate to get in touch. We are always here for you and will do our best to help. If you have any concerns about your skin cancer treatment or if you've got questions that you haven't asked during your appointments, let us know and we'll do what we can.

We have a free phone number 0808 171 2455 – don't hesitate to call us.







This is a voluntary website mainly created by Mike Thompson, former President of the Association of Coloproctology of Great Britain & Ireland and Lynn Faulds Wood, award winning former BBC Watchdog Presenter and bowel cancer survivor.

http://www.bowelcancer.tv/







Bowel Cancer UK is determined to save lives and improve the quality of life for all those affected by bowel cancer. Our headquarters are in London, England. We also currently have offices in Scotland and Northern Ireland.

Tel: 020 7940 1760

Fax: 020 7940 1761

Email:

admin@bowelcanceruk.org.uk







Cancer Research UK information and support Cancer Research UK

Angel Building 407 St John Street London EC1V 4AD

Helpline: 0808 800 40 40

Admin phone number: 020 7242 0200

www.cancerresearchuk.org





Beating Bowel Cancer

We Provide: support and information to people affected by bowel cancer, their carers and families.

Meetings: consist of people who share and understand your experience, with talks from visiting professionals and discussions on all aspects of bowel cancer.

We Give: opportunities to talk freely about your mutual needs as patients or carers.

We Offer: friendship to all, including postal and phone members.

Bowel Cancer Support Group c/o South East Cancer Help Centre 2 Purley Road Purley CR8 2HA

t: 020 8668 0974

e:info@bowelcancersupport.org.u

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www.sechc.org.uk





Colonaid Worthing

A group providing support to anyone affected by bowel cancer through, Befriending, Bereavement support, Cancer information materials, Information, Support from Health Professionals, and has Disabled Access.

- Andrew Fletcher on 01903 200141
- Maria Brooks 01903 201294 (Anytime)
- colonaidworthing@yahoo.co.uk





About IA IA, the Ileostomy and Internal Pouch Support Group (formerly known as the Ileostomy Association of Great Britain and Ireland), is a mutual support group which has the primary aim of helping people who have had their colon removed. - See more at: http://www.iasupport.org/about#sthash.guFwtsOD.dpuf

info@iasupport.org









Prostate Cancer

Prostate cancer

Prostate Cancer Support group

The Olive Tree, Crawley Hospital, West Green Drive, Crawley RH11 7DH

Marilyn 01293 534465 or Leanne 01737 768511 Ext 1789

Fourth Thursday of every month 6.30-8.30pm

office@olivetreecancersupport.or g.uk

leanne.tookey@sash.nhs.uk





Be breast aware

Cancer screening services

Be breast aware

Being breast aware us part of a general body awareness. It is a process of getting to know your own breasts and becoming familiar with their appearance.

www.cancerscreening.nhs/breastscreen/







Leucan

51 Maderia Avenue Worthing West Sussex BN11 2AX

Tel 01903 207004 Email <u>warnes51@live.com</u> Website <u>www.leucan.org.uk</u>

Support group for families with children who have cancer, leukaemia or haematological conditions.

Please contact for further information.









Lymphoma support Group

Have you been affected by Hodgkin or non-hodgkin lymphoma?

Meetings at The Olive Tree cancer support 2nd Monday of each month 2-330pm

Please call Ian for more information

01293 513160