



BRETTON PARK HEALTHCARE

*the service we provide is the service we are happy to receive*

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Dear Patient

#### **Important information about your repeat carbimazole prescription**

The Medicines and Healthcare products Regulatory Agency (MHRA) is an executive agency of the Department of Health and Social Care in the United Kingdom, which is responsible for ensuring that medicines and medical devices work and are acceptably safe.

The MHRA have recently issued an alert to advise doctors on the risks of patients being on Carbimazole while pregnant. **There is evidence that shows carbimazole usage at high doses particularly in the first trimester can increase the risk of birth defects.**

Carbimazole is used to treat high thyroid levels as well as being used in preparation for a thyroidectomy (removal of the thyroid gland) and after radioactive iodine treatment in patients with thyroid cancer.

In light of the recent alert, we are contacting patients who according to our records may be of childbearing age to ensure that they are aware of the risks stated above. All patients are required to see their specialist to determine if their carbimazole is appropriate to be continued in the event an individual becomes pregnant.

If you think you may be pregnant or considering having a baby, we request that you contact the practice as soon as possible so that your GP can refer you to see a specialist and have your medication reviewed.

Yours Sincerely

Bretton Park Healthcare