



BRETTON PARK HEALTHCARE

the service we provide is the service we are happy to receive

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Dear Patient

Important information about your repeat modafinil prescription

The Medicines and Healthcare products Regulatory Agency (MHRA) is an executive agency of the Department of Health and Social Care in the United Kingdom, which is responsible for ensuring that medicines and medical devices work and are acceptably safe.

The MHRA have recently issued an alert to advise doctors on the risks of patients being on modafinil while pregnant. **There is evidence that shows modafinil usage can increase the risk of birth defects.** Advice has also been given to doctors to ensure their patients are on the most effective contraception where modafinil is being used.

Modafinil is used in adults for the treatment of excessive sleepiness associated with narcolepsy. Narcolepsy is a rare long-term brain condition that causes excessive daytime sleepiness, cataplexy (loss of muscle tone), and sleep disturbance.

In light of the recent alert, we are contacting patients who according to our records, are not on contraception or are not on forms of contraception which may not be considered the most effective. We request that you contact us to make an appointment with the contraception nurse/ nurse practitioner/pharmacist or GP. They will review your method of contraception, discuss the possible alternatives of contraception available for you and answer any questions you may have. We request that you bring this letter with you to the appointment.

If you think you may be pregnant or considering having a baby, we request that you contact the practice as soon as possible.

Yours Sincerely