



BRETTON PARK HEALTHCARE

the service we provide is the service we are happy to receive

Advice to provide to patients about Topiramate

- do not stop taking topiramate without first discussing it with your doctor
- topiramate can harm the way an unborn baby grows and develops during pregnancy – see advice on [epilepsy medicines and pregnancy](#)
- a new study has also linked topiramate to an increased risk of autism spectrum disorders and intellectual disabilities (effects on learning and development) in children exposed to it during pregnancy
- if you are taking topiramate for epilepsy and are planning a pregnancy, urgently talk to your doctor for a specialist review – there are other epilepsy medicines that are not associated with an increased risk of birth defects in pregnancy
- if you are taking topiramate for migraine and planning a pregnancy, talk to your prescriber about alternative treatments that can be used in pregnancy as soon as possible
- anyone who is able to get pregnant should have a pregnancy test before they start topiramate treatment and use effective contraception while taking topiramate
- topiramate can reduce the effectiveness of hormonal contraception in preventing unplanned pregnancy – talk to a healthcare professional about the best contraception for you while you are taking topiramate

Thank you

Bretton Park Healthcare